

New bulletin n. 2/2023

“as one body”



*Capuchin sisters
of Mother Rubatto*

Presentation

Dearest sisters,

with me, thank the Lord for all the good he has allowed us to do, for his glory, in this very "special" year marked by wars, poverty, misery, floods, earthquakes... I am sure, however, that all the seeds sown, like the Good Sower, with full hands, they will bear their exquisite fruits.



May our dear and holy Mother Frances, from heaven, with all the saints, continue to bless this "fruitful tree" that God has given her the grace to plant here on earth to make his merciful love known to many, to experience through us of his goodness as a Father who always takes care of every one of his creatures.

Dearest, now close to the advent of the Lord, we entrust ourselves to Him, so that He may prepare our hearts well to welcome Him not only in the tenderness of a child placed in the manger, but to recognize Him every day both in the Eucharistic bread that is given to us, and in the "flesh" of brothers and sisters that brings us together...in need of everything and above all love, light, consolation, forgiveness...

We who have generously received Life continue to give it in abundance to make his Kingdom of justice, peace and joy grow.

May Mary, the Virgin of waiting and faithfulness, always accompany us and may Jesus bless you.

A warm greeting



Sr. Loredana Tiraboschi
Superior General

Rome, November 2023

All under his cloak

Sunday 25 June 2023, after having attended the Holy Mass at 10.30 at the Church of H. Spirit in Sassia, Sanctuary of Divine Mercy, where we presented all the prayer intentions of the listeners, volunteers and friends of Radio Maria, we directed towards St. Peter's Square with a large blue mantle 200 meters long, dedicated to the Queen of Peace. Which collected the signatures, and prayer intentions of over 5 thousand people who met in recent months and, with this gesture, wanted to place themselves under the protection of the Blessed Virgin Mary, under her Mantle".



The Mantle which, lovingly sewn by the nuns of a cloistered convent, was blessed by the Holy Father during the Angelus prayer. These are his words: *"I greet the volunteers of Radio Maria Italia who invite everyone to place themselves under the mantle of the Virgin Mary, Mother, to implore God's gift of Peace. And we ask this especially for the martyred Ukrainian people"*.

A sister

A very nice course!

My experience this year is having followed a very beautiful and interesting Course on Franciscan spirituality, which was a great gift from God to me because I have never had the opportunity to take a spirituality course.

So, this time, I take it as a sabbatical year to grow in my spiritual path, even if attending this Course there are many challenges, first of all you should know the Italian language well enough otherwise it becomes difficult to follow the lessons at university level (because the professors give so many homework to write) and possibly start the course when it begins because I joined in the second semester.

From my experience, I recommend to learn the local language and culture well so that everything becomes more fruitful, because getting used to different things takes time. To be honest, I suffered, but thanks to God and everyone's encouragement, this effort has borne positive fruit and turned into a good thing.

I thank God and my Congregation for this opportunity of personal growth. I also warmly thank all my sisters who have prayed for me and accompanied me in these months so that everything goes well.



Sr. Rita Mantay

Blessing of the children in Lizzana

In the afternoon of 6th January 2023, the day of the Epiphany of Jesus, children and young people gathered in the churchyard of the Pieve to participate in the Blessing of the children. Each one was given a light and, with the guidance of Fr. Lorenzo, all entered the Church in procession and placed the candles around the Child Jesus. After reading the Gospel on the story of the visit of the Magi, the father made a beautiful reflection on the meaning of the free gift and of "Jesus, who is the Father's gift for each of us". Each child then brought his or her own gift to the altar as a sign of sharing Jesus' gift. The Celebration concluded with Fr. Lorenzo's invitation to parents and catechists to joyfully impart the blessing together.



The shared gifts were later handed over to the Capuchin Sisters by sr Pasqualina and sr Mehret who, through the "il Tucul" Association, will make them reach the poorest children of Ethiopia and Kenya. A big thank to all the families who participated and collaborated to "give" a little joy even to those in difficulty.

Dearest friends, with your generosity, personal and family availability, you have offered your gift with joy in order to be able to fill the need of those in need; therefore, you will have a great reward, because whoever ... *gives a glass of water to drink in the name of God will not lose his reward* (cf. Mk 9:41). These two countries of East Africa, Ethiopia and Kenya, although they are rich in values, humanity, brotherhood and raw materials ... for various reasons the majority of their people are poor, miserable and full of suffering ...

The Capuchin Sisters of Mother Rubatto present in Ethiopia (since 1973) and Kenya (since 1997), offer an apostolic service in education, health care and pastoral care ... Thank you so much for your support and interest.

All of this becomes a thanksgiving to God the Supreme Good who always knows how to arouse and sustain your families. We invoke the divine Blessing on all of you and place you under the maternal protection of Saint Francesca Rubatto. Our gratitude becomes intense remembrance and prayer.



Sr. Weini Teklom

A GREAT GIFT...

*I always contemplated the Lord,
He stands on my right so that you do not falter,
therefore, my heart rejoices and my tongue rejoices,
even my flesh rests in hope
(Acts 2,25-26)*



I sincerely thank the Lord, and my Congregation, for giving me the opportunity to study Franciscan spirituality at the Antonianum and for having enlightened me, given me strength and wisdom to understand what was explained to us every day.

I also want to thank the university professors because in addition to being very good at teaching, I have seen that they treat all the students in the same way, with great patience and Franciscan humility; for me this was a beautiful testimony, a beautiful concrete example of life. For me this year has been a great gift and a grace because by learning so many new things I have deepened my consecrated life and got to know Franciscan spirituality better by putting in my heart the desire to grow more and more.



The lessons were very useful with insights also into the history of the Church confronted with the challenges of all times. The Franciscans are those who, living the evangelical counsels in penance, have answered the questions of every age, serving the people, living the Gospel in the spirit of Francis, thus cooperating in the growth of the Church.

All this has helped me a lot to review my life as well; I'm very happy, thanks for everything.
Sr. Mihret Tesfai

In communion one can do so much good...

On 22 June 2023, with nuns from other Congregations we participated in an sharing computer in meeting organized by the CUAMM Association (University College Aspiring Missionary Doctors) of the Diocese of Padua, existing since 1950, which addresses transversal and emerging issues of global health.

We were present 25 sisters from 17 different Congregations who have missions in Africa, and are dedicated to assisting the sick because the CUAMM Missionaries work on the African continent. Health as always is very important not only for the human person but also for having a healthy society that continues to care for and create the works of God.

As we read in the Gospel, Jesus during his mission in this world not only cured the diseases of the Spirit, of the soul but also many people in their various bodily diseases. Jesus then sent the twelve telling them *"Heal the sick"* (Mt.10,8). Even our holy Mother Francesca from her young age made the choice to stay close to the sick and those most in need as she did at Cottolengo, and she also recommended this to us, her daughters, to continue this beautiful charity: ***"If you behave well with sick people, you will bring them closer to God"***. (Listen to n. 366 - cf. Sommarium page 221).



This meeting was born from an invitation from a Congregation "Sisters of Providence" that has been collaborating with this Association for a few years, made know to us during the USMI meeting.

In these times where we are all called with the same objective, according to the spirit of our own charism, to love God in our neighbor in a synodal style, they have invited other Congregations to get on the same boat to sail together and cross the sea embracing those who have lost hope because of misfortune and severe pains of soul and body. As Pope Francis invites us, we want to "walk together" to help the poorest and most marginalized. This meeting was held to live in a Synodal process a beautiful experience of listening to the Spirit and of comparing the different things that emerge in the service of health care.

CUAMM has a diocesan priest as Director, the others are all lay doctors, elderly and young people who not only help with a contribution but are themselves missionaries giving a concrete response, assisting poor sick people in the periphery, and also help the sisters to manage their Centers that have difficulty achieving the objective of ensuring an adequate and reliable service.

These people also help nurses and all those who have contact with patients in their various roles by offering them an online capacity building courses to strengthen their skills and sensitivity regarding their profession. Some of our sisters have participated in this program and have been very happy because it is very good. The meeting was an opportunity to share experiences, efforts and satisfactions of the journey. Pope Francis said on World Mission Day 2015: ***"To live the Christian witness and the signs of the Father's love among the little ones and the poor, the consecrated are called to promote the presence of the lay faithful in the service of the mission"***.



In this meeting we experienced how many lay people, through their profession, dedicate time and energy to do their part in participating like us in the mission of Jesus. Even our Holy Mother Foundress, affirms this, in her lay life lived before the consecrated one; she understands how the contribution of the laity is valid and has always recognized their beautiful participation in

their state of life as our Saint Francesco also affirms. "... now we begin to realize what I have told you so many times, that you cannot go ahead because there are too few personnel" (Lett.M.Fr.311).

Among the participants there were also some elderly nuns who gave their whole life, and are still continuing with courage, to live in the midst of wars and guerrillas, overcoming fear and believing that every day they touch the sick with the hands of Jesus, and going beyond traditional things, with a spirit of interculturality, they transmit the good smell of love. **"Today, the mission is faced with the challenge of respecting the need of all peoples to start afresh from their roots and to safeguard the values of their respective cultures. It is a question of knowing and respecting other traditions and philosophical systems and recognizing in every people and culture the right to be helped by their own tradition in understanding the mystery of God and in welcoming the Gospel of Jesus, which is light for cultures and strength transformative of the same"** (Pope Francis).

Sr. Alem Asfha

An unforgettable experience ... there is a great thirst of God

Peace and love to us all!

First of all, I want to give my heartfelt thanks to God and to my Congregation for having been able to meet my sister and my nephew in Switzerland after so many years. I am so happy that I sincerely thank the Lord.

Furthermore, I was very pleased to see Catholics and Orthodox, Eritreans and Ethiopians living together in harmony and love; it was a beautiful experience of unity and that it is possible to live well together and in peace.

All together they gave me a warm and loving welcome; their mutual love, visible and concrete, made me very happy and touched my heart.

From all my sister's friends, I have heard: "the nun is not only your sister but also ours". And they were very eager to hear the Word of God. I was really moved and promised them that I would always remember them in my prayers. If I had known that they were so eager to receive the Lord's teachings I would have asked my mother General for more time.

Thanks a lot, to everyone.

Sister Letteyohannes Teweldebrhan



A Heartfelt Thank You...

I sincerely thank God and the Superiors for having had the opportunity to come to Italy to meet my family members whom I have found after so many years, including a brother of mine, a priest of the Consolata who is in Argentina and who celebrated his 50th year of priesthood; this was a great gift and joy for all to come together and celebrate.



Furthermore, this visit of mine was also an opportunity to meet various benefactors to whom I introduced the figure of our admirable Saint Mother Francesca Rubatto to arouse new vocations, then I presented them with the various needs of our missions; I thank God for their welcome and for all the good they already do and will continue to do.

I am also grateful for having been able to have my annual retreat in the Community of Assisi: a time of grace in this place which invites us to prayer, recollection, silence; I have presented all the sisters to God, especially the Superiors so that they may be like Mother Francesca, I thank the Italian Province and I pray the Lord to send workers to his vineyard, I also thank the Community of Rome. Let us remain united in the bond of love of our Saint Francesca.



Let it all be for the love of God! In Christ.

Sr. Luciana Catene

Let's walk together to discover the charism of Saint Francesca

During my Pre-postulancy journey, in the month of June, I was asked to live an experience outside the house in Milan.

In this month I had the opportunity to live with another fraternity, I thank the sisters of Varese who hosted and welcomed me, who made me enjoy the charism of Saint Frances Rubatto more and more, in the simplicity to which every sister is destined with her service.

I thank the Provincial Mother Maria Grazia who gave me the opportunity to have this experience and the sisters of the council and the sisters who accompanied me.

It was a rich period from various points of view, I was able to get to know a different reality of fraternity since it is inserted in a institution. How much beauty can be experienced in a retirement home with our nuns, also sharing some moments of prayer with the guests.



I was also able to share days of service with guests. How much there is still to learn from these people, who feel alone but loved and welcomed by all the people who assist them. How many precious pearls I have received in this period that I entrust to the Our Father and keep in my heart.



I also experienced moments of celebration, it's nice to see that despite age we can still celebrate and have fun with little. I was able to celebrate my birthday together with all the other guests who had a birthday in June; I will never forget the joy I felt during these moments.

I will not forget the joy of dancing and enlivening the party with Sister Lucia, who despite everything always manages to revive moments of fraternity. I will not forget all the guests who made my day better with just one word.

During this period, I was able to get to know the sisters of the "green house" more and more, thanks to their stories I was able to see how humbly they lived their lives and I was able to taste the beauty of the charism of Saint Frances Rubatto.

The most important part of the day in this time lived in Varese was to begin and end with Him, who gave me courage even when I was struggling, especially the first few days when I didn't know how to deal with the elderly.



It was a period full of many Graces, of much joy and many steps.

Thank you all for always putting yourself on the line; convey that the journey with Jesus never stops; He always has a teaching to give us.

Daniela Caloni pre-postulante

The initiation to novitiate 2023 Kenya

On Wednesday, 9th of August, 2023, we; Jenifer Wayua Mutuku, Elizabeth Mbuthye Muithya, Phoebe Muli, and Cecilia Ndanu Musembi, during the feast of Saint Maria Francesca, we were initiated in the novitiate by the Regional Superior, Sister Leul Teklay. She congratulated us and told us that novitiate is the beginning of religious life. It is more of fraternal life, union with Christ, love, humility, simplicity, service patience, and prayer. Moreover, she said that we will learn the Rules, Constitution and the way of life of the Capuchin sisters.

In addition we need to seek help from God, formator, and other sisters who are around us. The presiding Priest, Father Emmanuel Kamrata; advised us to have truthful love in God and the people around us. He insisted on love, humility and service. This love is also recommended by Mother Francesca to all her sisters, *“love one another with the charity of Christ without discrimination”* (Lett. 69).

Just as Saint Paul tells us *“we are called to have faith, hope and love, but the greatest of this is love.”* (1 Cor. 13: 13). This day was one of the most precious and joyful days in our life. It is the day we embraced the life which we have been admiring, and preparing for through formation, learning the life of Mother Francesca and Saint Francis for three years. We felt welcome and belonging in the Congregation of Capuchin sisters. Moreover, we felt serene and at home.

As Mother Francesca tells us in her letters our prayer is for God to help us to start this journey with *“peace and charity and especially adorned with the holy grace of God because nothing is good, precious, great and incommensurable, outside grace that we never do what is disappointing to the Lord and may we be able to live and die in His holy love and fear”* (Lett. MFR.363) Furthermore, she tells us that; *“ a good novice serves God tirelessly knowing that she is in God’s presence”*(Lett. MFR. 499).

So we hope that by the help of God we will serve Him tirelessly and whole heartedly.

The new Novices

Nairobi 9th august 2023



Our first profession

We were five in number; Sr. Aster Wodajo and Sr. Lemlem Tigistu from Ethiopia, Sr. Banteh Bianca from Cameroon, Sr. Josphine Kamandi and Sr. Rosemary Mbithe from Kenya.

We were introduced into the period of our preparation by our regional superior, Sr. Leul Teklay who congratulated us for our perseverance, encouraged us to be more open to ourselves and to God, discern well about our vocation and to listen to the voice of God which speaks deep within our hearts.

We were also so fortunate to have with us our Vicar general Sr. Alem Asfha, who told us to always remember and put before us our reasons and motives for coming to the congregation; she explained further that constant remembrance of our motives will help us to resist the challenges we face, and keep us courageous in our mission. She also taught us that profession is not a time for relaxation, but instead a time to be more close to God, and committed.

Within these months, we had classes from different religious men and women; Fr. Austine, a Comboni missionary who taught about being rooted in Christ which entails that we open our fears and weaknesses in front of Jesus and realize that Jesus is calling us the way we are. This will help us to cultivate inner freedom and openness to growth, he also explained the three vows of chastity, poverty, and obedience.

We had also two Capuchin priests Fr. Charo who taught about the consecrated person as a witness of Christ in mission, the challenges and the pillars of a successful mission which include love, forgiveness and reconciliation, then trust. Fr David Kamau the other Capuchin priest explained for us the encyclical of the pope “New wine in New Wine Skin”. We also had a class on Self-awareness and personality by Sr. Mary Gitau, a Loretta sister, who made known to us the pillars emotional intelligence as, self-awareness, self-regulation, effective communication, Active

listening, respect and conflict resolution. Then we had Synodality by Fr Peter a Don Orione priest, who taught us to always dialogue and reason together. A Carmelite priest, Fr David also taught us about Laudato Si; how to take care of our common home.

We had also a privilege to have known our sister from Eritrea province, Sr Tseghe Teklemicael who came to Nairobi for meetings, she gave us a talk on the mission.

Together with all these teachers, we also had the loving accompaniment of our novice mistress Sr. Nighisti Tsagai, who continued to remind us about the life of our foundress and gave us as well scriptural passages which helped us in our daily meditations and activities. All these nourished us in different ways and we are so grateful.

We also had an hour’s adoration every day to strengthen our faith and commitment in Christ whom

we have always wanted to serve with our whole hearts. We had an eight days retreat which helped us to open up our hearts and minds to receive our vows through the talks and silent moments we had. On the eve of our profession, the sisters and novices were making sure that all was in order as they cooked and decorated everywhere for the occasion. At night, we had a practice session on what we were to do the following day to profess our vows. We were all filled with joy in our hearts and a bit nervous because we felt how important the occasion was to lives.

On 12th of August 2023, in Galana community, that is, our novitiate house is the day we professed our first vows to God. The main celebrant was Fr. Arnold Shirima, the custos of the Capuchin Friars in Kenya. Immediately after listening to the gospel, we were called on by the novice mistress to verify our intentions.

Fr. Arnold Shirima in his homily, explained more about the vows. He encouraged us to love God above any other thing and to bear witness to him, not be obsessed with the things of the world, be happy with what we have, and he recommended us to be flexible in our mission. He emphasized greatly on the importance of prayer, and said we should watch out not to be arrogant religious. We were then given the golden opportunity to profess our vows of chastity, poverty and obedience.



This was followed by warm hugs of congratulations from our superiors and the priests.

During the offertory procession where we, 'the brides of Christ' processed with our lighted candles which were received and carefully placed on the altar by the main celebrant. After the Eucharist with hearts full of thanksgiving, we joyfully danced the thanksgiving song.

There were present eleven priests, during the time of speeches. A family member congratulated and assured us of the families' support. On the behalf of the newly professed Sr. Josphine, thanked and appreciated all who were present and all those who have been of help to us in one way or the other and the Rubattians representative expressed their joy in a song 'this is the day that the Lord has made'. Finally, our regional superior on behalf of the Mother general and the entire region congratulated us and emphasized on embracing what comes our way with joy and happiness.

To conclude, we are so grateful to God who has always journeyed with us and seen that we are what we are today; to our mother general and her councilors accepting our request to make our first vows. We also thank our regional superior and her council for having ensured that we acquired everything that we needed in our formation. We cannot forget our mistress who has accompanied us on our journey with love and concern in the novitiate stage. We will forever remain grateful to you all. God Bless You All.

Newly professed

Peruvians and Ambrosians together in Lisbon united in faith

From 14 July some young people from Pucallpa, in the Amazon, were welcomed in the Diocese for a twinning experience that will precede their participation in World Youth Day

Expectations, desires, fears. The "baggage" towards World Youth Day, imagining the suitcase - or rather, the backpack - in which to store everything that stirs the heart, preparing for this great experience, is common to all the young people of the world. But the journey of a group of Peruvians is even more special: they will go to the GMG thanks to a welcome supported by the Missionary Office, by the communities in which they will be guests (in addition to the donations donated to the Traditio Symboli) and by the Youth Ministry of Milan, together to the young people of the deanery of Paderno Dugnano, after a few days in the parishes of Lainate and Macherio.



The intuition of fidei donum «The idea of twinning between the diocese of Milan and the Apostolic Vicariate of Pucallpa, in central Peruvian Amazonia, to allow some young people from the region to take part in the Lisbon GMG was born through the intuition of the *fidei donum* missionaries present in the area (three priests and a lay couple, Kumar and Marta Galbiati, with little Letizia), sharing some ideas about young people – one of them, Father Luca Zanta, tells us about it.

The Church sends us as bridges to create a relationship of exchange between two sister Churches that can give each other gifts: *fidei donum*. So, what better exchange than that between young people to participate together in an event that strengthens the faith of both Churches? ».

"The motto of this twinning - continues Don Luca -, chosen precisely by the 9 young people (from 19 to 26 years old, they are part of what they define as a "technical team of pastoral juvenil" and come from various parishes of Pucallpa) who together with a nun and a priest will arrive in our Diocese on Friday 14 July, it is *Juntos en la fe - United in the faith*».

Emotion and fear the young people are enthusiastic: when they were told they were very excited, some were moved. They are also a little intimidated, as is natural: some are leaving Pucallpa for the first time, not just Peru, and they will hardly have the economic possibilities again for another trip of this kind, which will touch Italy and Portugal, passing through Spain, and before returning to Peru also a few days in Assisi.



They fear the difficulty of communication and the difficulty of rhythms, but they hope to live a strong experience, to get to know the Milanese reality and youth ministry better, to treasure it for their reality, experiencing how young Italians live their faith, during the summer activities (they will live a few days in the mountains with the oratories), in a cultural exchange that creates new friendships and at the same time sharing the enthusiasm of a young Church taking its first steps in pastoral organization.

Experience of universality "Welcoming young Peruvians to our Diocese and then for World Youth Day is an opportunity that allows us to experience the universality of the Church, with different languages and ways of living the faith, according to the traditions and history of every people - underlines Don Marco Fusi, head of the Diocesan Service for *Youth* and the University -. The GMG in Lisbon will instill a missionary heart that young people will then be able to put into practice with their peers. The meeting with young Peruvians will be another opportunity to grow even more as young missionaries within our daily realities and also with an eye *ad gentes*, to the whole world".

Living with the youth of Pucallpa

11-15 August 2023

In the month of August, I was able to spend a few days with Julio, Emerson, Antony, Alanis, Reyna, Maria Cielo, Milagros, Cielo, Delia who came from Peru to experience World Youth Day in Lisbon and beyond.

During these days I was able to experience their way of being children of the same Father and rediscover how beautiful it is to live as Christians through the apostolic service they do in Pucallpa.

I was able to rediscover how simple it is to talk about faith, even if we speak different languages. We had many moments of spirituality, visiting various places in San Francesco and Santa Chiara, we had the grace of visiting places not open to tourists, including the Sacred Convent.



At the end of the day, we always thanked the Lord through the mass celebrated by Father Daniel, who accompanied the boys together with our Sister Jovi. We have also experienced moments of fraternity and we have seen their way of being Peruvian, especially in moments of celebration;

Sister Pia's birthday was particularly beautiful and she was very happy to experience this day amidst both Spanish and Italian songs and dances.

These boys were accompanied by three couples who were able to feel the warmth of the Capuchin sisters charism.



Dear Mother Francesca, I would like to thank you for going on a mission to South America and letting me live this experience of extended fraternity.

Daniela Caloni pre-postulante

Man proposes and God disposes

I gladly share my gratitude. This year I wanted to spend the holidays with my brothers in the U.S.A., after so many years, I really wanted to see them and get to know my nephews that I've never seen, but unfortunately this wish was not possible to realize because they didn't issue me the visa to enter. One of my brothers, Indrias, then decided to come and visit me so we spent a few days together with our cousin who lives in Stockholm, Sweden.



It was really beautiful even if for a few days, but it was a nice surprise: other cousins who lived in Sweden and whom I hadn't seen for 25 years also came here... I was very excited and happy!

For this I thank the Lord and my Superiors for this wonderful opportunity they have given me to meet my family and spend wonderful moments together. My brother Indrias also sincerely thanks the sisters in Rome for the warm welcome he received.

With love and great gratitude.

Sr. Letterbrhan G/Yesus



Good news



With joy, we announce that in the Province of St. Francis of Assisi, the young pre-postulant Daniela Caloni, last 9 September 2023 in Milan, Via Giasone del Maino began her postulancy journey accompanied by Sister Manuela Viviani.

We entrust Daniela and Sister Manuela to the protection of Mary Mother and model of every vocation and we ask for the intercession of Saint Francesca Rubatto and the Venerable Sister Edda Roda for new vocations for the Church and for our Institute.

Happy journey, best wishes!!!!



A beautiful trip to the mountains to say a heartfelt thank you to sister Anna Maria Belotti for the 80th birthday.

Sisters of Torino

90 years educating in the service of life

The celebration of the 90th anniversary of our Catholic educational institution is an event of great significance that offers a unique opportunity to reflect on the achievements and impact that the institution has had on the educational community and on society at large. For this reason, we have prepared ourselves with joy and with a ready heart so that this feast may illuminate and be a principle of renewal, allowing us to continue to enrich and revitalize the legacy left by those founding sisters, inspired by Mother Rubatto.

Our **education is based on Franciscan-Rubattian principles and values**, which make our school a beacon of light in the formation of citizens committed to justice, solidarity, ethics and faith. Being part of the Saint Clare community involves the daily participation of numerous people, including directors, teachers, administrative staff, cleaners, students and parents, **all fundamental players who make the life of our educational community pulse.**



For this reason, our preparation for August 11 was to gather all these emotions and place them on the altar, as a gesture of thanksgiving for the infinite grace of being able to build community every day, both in the present and in the past, and to look to the future with hope on this day of Celebration they were present. Sr. Mercedes del Carmen Donato, sr. Mabel Ferrera and sr. Eloisa Giovagnoli, as well as Father Mauricio, who presided over the Eucharist. The whole community gathered enthusiastically to celebrate Holy Mass and also to thank the staff who have been an integral part of it for more than 25 years.

Educational Community 'Santa Clara de Asis' - Buenos Aires, 11 August 2023



Feast of our Holy Mother Francesca Rubatto

9 August 2023

On this feast, where we celebrate the first year since the Canonization of Saint Mother Francesca after having tasted her spirituality in this time and having asked for many graces through her intercession, particularly in these days, we have prepared for her feast with a Novena.

August 9, 2023 - This morning, the day in which the solemnity of our St. Mother Francesca occurs, we have planned a solemn Eucharistic Celebration in our Chapel in Asmara.

The Holy Mass was presided over by the parish priest, Fr. Kiflemariam Ghebremicael, a Capuchin; in addition to the many sisters, there was the choir and many faithful.

In this Celebration, in agreement with the Parish Priest, it was organized to officially bless the group of lay Rubattians formed and followed for 13 years now by several sisters but this time they had the desire to make themselves officially known in the local Church of Eritrea as a Group Rubattians as is done with all the other small Christian communities where the groups are officially named with the blessing of the parish priest as required by our liturgy; this was also done for the group of lay people (Rubattian) of the Holy Mother Francesca Rubatto present in our Chapel.

This "Chanted Mass" was animated with the songs of Saint Mother Francesca, even the readings were those of her feast day: 1 Cor 12, 31 and 13, 1-13 and the Gospel was Mt. 5, 1-12.

In his homily, the Father explained well the profound spirit of Saint Francesca and her call; St. Francesca responding to God gave her intimate life, and with humility she followed Christ serving God and neighbor with love. She, a lover of the poor with a spirit of service, gave herself courageously to face the challenges of her time, even when she suffered the martyrdom of her daughters, she continued to spread the Word of God among the people and this Spirit that she sowed has come us too.

Even you her daughters today, animated by this Missionary spirit, must give yourselves with enthusiasm to carry the Evangelical spirit throughout the world and animated by the same Spirit of your St. Francesca, dedicate yourselves to works of charity among people in need of comfort: the sick, suffering, orphans, prisoners and the poor, and like her, serving everyone, becoming a sign of consolation for many.

Furthermore, also our lay Rubattians brothers and sisters, who from today onwards, also our Eritrean Church recognizes as belonging to the Family formed by the Spirit of Saint Francesca, are required to follow and bear witness to her Charism in the midst of society by providing an apostolic service according to the necessity and needs of the Church.



Before concluding the Holy Mass, the Father gave his blessing to the images of the Saint which had been prepared with a ribbon to be given to the 23 Rubattiani lay people who will now be wearing it around their necks. This celebration was a very important event for everyone and we thank the Lord for this.

According to the ritual of our people, a piece of ambascia (piece of bread) was then distributed to all those present at the Holy Mass as a sign of feast. The group of Lay Rubattiani, accompanied by songs, then came to the refectory to share breakfast together. Finally, sr. Hanna read a letter she had prepared for them. Afterwards, the Rubattians, in turn, expressed their joy at having been followed and accompanied by the nuns and at having reached this important day; for their part, as a sign of gratitude, they donated a picture of Jesus the Good Shepherd.

At 12.30, in a family spirit, we also shared lunch together: Sisters and Rubattianis.

Together we gave thanks to God who continues to bless our Institute even with the presence of these secular Rubattian brothers and sisters in our midst.

All be for the praise and Glory of God!

Sr. Hanna Negasi
Provincial Superior

A consolation visit

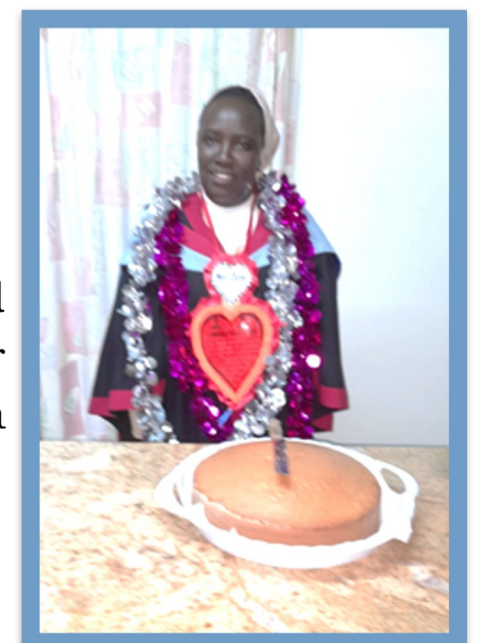


I want to heartily thank God and my superiors for the help I received in being able to go on holiday with my sister who has difficulties of health. I was very happy because my visit was a great joy for her, she was really happy!

I thank you so much and pray for everyone.

Sister Lidetu Ucbamicael

In October, we joyfully celebrated the nursing graduation of sister Veronica Mutio - Kenya



Don't pretend of the fire ... leave it lit and turn it into a bonfire ...

In November 2021 we joyfully received the date of Mother Francesca canonization. We, our works and many lay people who love her, have entered an atmosphere of celebration and preparations. It was a unique, unrepeatable opportunity and we had the privilege of being able to experience it all from the same place where her remains rest.

The months preceding the Canonization we experienced a great diffusion movement, making the life and works of Saint Francesca known, through reflection and prayer aids for the nuns, lay people, educational communities and for all the people of God.

The means of communication: newspapers, radio programs, television channels and virtual pages, both Catholic and non-Catholic, at a regional and national level, have contributed to the diffusion to make the life, work and current events of Saint Francesca known.

Each college organized the celebrations with solemn Masses, creating murals on the external and internal walls of the schools, outdoor celebrations in the parks and squares with the participation of the educational communities together with families, neighbors and local associations.

On May 15, 2022, the Sanctuary opened its doors at 4:30 in the morning to allow those who wished to participate in the live broadcast of the Canonization. The Sanctuary was full and the joy and enthusiasm manifested themselves in loud applause. The same thing happened in the afternoon for the Thanksgiving Mass, the cultural act and the fraternal agape.

On May 17, 2022, in the Senate Palace in Montevideo-Uruguay, in one of her sessions, an important tribute was given to this great pioneer woman at the birth of the homeland and the church in the country.

On May 29, the Episcopate of Uruguay celebrated the Eucharist of thanksgiving in the Cathedral. On this occasion, a picture and the relic of Saint Francesca were donated to allow the faithful devotees to be able to pray to her there too.

Even in Minas, (the city where our sisters worked for many years in the hospital and where Mother Francesca herself, together with the nuns assisted the wounded during a civil war) in the Parish of Santa Teresita, relics and a picture of the Mother were donated. The same celebration with the gift of relics and a picture (painted by a mother from the college) was held in Maldonado.

And so, the year went by...always in an atmosphere of joy and every occasion was propitious for celebrating this gift of God to the Church. The first year of the Canonization has now been celebrated and there have been various occasions that have "closed" this stage.



Among these in Maldonado, on May 6th the local post office presented the creation of a stamp as a reminder of this event and on the 12th of the same month in Sastre, Argentina, a majolica dedicated to the Mother was inaugurated at one of the entrances to the city. It was donated by the “Colegio San Francisco de Asís” which belongs to the Congregation and supported by the municipality.

In harmony, the solemn Eucharistic celebration was also experienced, presided over by Father Carlo Calloni Ofmcap, postulator of the Cause of Canonization of Mother Francesca, on 7 May in the Sanctuary of Belvedere where nuns and lay people thanked God for the year spent in awareness of the grace of being there where the remains of the saint who they call "nuestra santita" rest, a place of intercession and peace, of encounter with God for many people.

Looking at the past year, questions arise: "Should we close or open?", "Should we conclude or start?"

We are officially closing and concluding a year of enthusiasm, joy and celebration where the aim was to make known the life, work and current events of Mother Francesca. A year in which admiration, veneration, the desire for greater knowledge of the charism was the main objective like a fire that was lit in our hearts.

But at the same time, we OPEN and START AGAIN driven by the fire of the Mother's holiness which, like a new call, not only encourages us not to allow the fire to get of but to, ensure that a bonfire, becomes a shelter, and a meeting place.

It is the time of CONCRETE LIFE, of welcoming, inserting, ready to go out, radiating, not so much with words but with a serene and joyful, available and simple testimony, of consecrated women who announce the presence of the kingdom of God in the midst of people and to all humanity, offering answers of hope to the suffering of today's world.

This is a historical moment in which to pass even brighter lanterns to the next generations We hope to be the "Women of Dawn, the most radical, who dare, who sustain hope grasping at the promise, those who walk breaking the night and, in the mission, open it to the Spirit so that they can enter and fertilize everything" (Inspirational Horizon of CLAR 2022-2024).

A sister



It's beautiful to give praise to the Lord and sing to your name, o Most Hig (Sal.91)

On the day on which the memory of San Pio da Pietrelcina occurred, 23 September 2023, in the rite of the eastern church which is the day dedicated to San Michele in Saganeiti in our Chapel of San Michele, sr. Desta Fisehazion had the Eucharistic celebration of thanksgiving for her 25th anniversary of consecrated life. The Holy Mass began at 6:00 in the morning, and was presided over by Monsignor Fikremariam Hagos, Bishop of the Eparchy of Segheneiti, with 5 other priests concelebrating with him.

The celebration was solemn and participated by all the sisters of the Saganeiti fraternity, and by other sisters from various fraternities, the seminarians and nuns of various institutes present in the Diocese were also present.

In his homily, the Bishop underlined the spirituality of Saint Pio, who in the face of life's difficulties with perseverance and patience managed to personally participate in the suffering of the son of God, and was a witness to the truth, as was Saint Michael the Archangel. he was a defender and witness of the name and primacy of God against evil beings. And we in our world, today, need virtuous and courageous witnesses like these characters, to be an example of truth and justice in our very needy world.

Continuing his homily, the Bishop, taking inspiration from the Word of the Gospel of the day (John 19:16-29), recalled that the delivery and crucifixion of Jesus for the salvation of humanity highlights that we too as followers of Christ are required to live the life of Jesus and carry our cross with awareness and sacrifice to be hope of life for those who live next to us. Certainly, the mystery of our joy and salvation was the cross of the Lord, without it there is no true joy and access to Paradise.

This moment of the celebration of 25 years of the consecrated life of her sister gives us the opportunity to give thanks to God for having accompanied her with his grace all these years, to serve him in our brothers with faithfulness and love. We also entrust her future in his hands in his Paternal mercy, May the Lord still grant his grace throughout the rest of her life.

After the Eucharistic Celebration, all those who participated in the party had breakfast together. To continue the celebration at 12:00 everyone gathered in the Refectory to share the meal that was prepared by the sisters.

At the end the sisters, expressing their joy, thanked the Lord for his faithfulness and dismissed those present with a song of thanks.

A sister



Feast in Arezzo for the Venerability of sr. Edda Roda

Sunday 24 September 2023, for our Parish of S. Marco della Sella is a day to remember! Sr. Edda was celebrated or rather the official recognition of her virtues which brought her to the honors of the altars.



I met Sr. Edda in 1991, when our Bishop called a "City Mission" and called the Capuchin nuns of Mother Rubatto to evangelize the various Parishes; sr. Edda was destined for ours. She put so much effort into carrying out her task that the Parish Priest Don Amilcare was so enthusiastic about it that he wanted to call her back in the following years to prepare the parishioners for the feast of Our Lady of the Rosary, our patron saint, which occurs on the 2nd Sunday of October.

I met again Sr. Edda for the last time in September 1995 when she was already ill. She had remained so deeply in our hearts for the behavior she had had, for the words she had said to us, for the stimuli she had given us, that when the news of her death reached us, it was natural to mourn her like a family's. And just as one prays for a loved one and celebrates Masses of repose, so we have done so far and continue to do so.

On Sunday during the Eucharistic celebration, there was an atmosphere of deep meditation and silence, even the children and young people who had not known her listened attentively to the words of the postulator, Fr Carlo Calloni, ofmcapp. There was an air of peace, the Holy Spirit was alive among us, and the presence of Sr. Edda was palpable. I felt so much serenity and joy in my heart for what we



were experiencing; yes sr. Edda was there and she talked to us. The moment of brotherhood at the end of the Mass made it more evident that we belong to Jesus, it cannot be otherwise. Then we went to lunch: a moment of serenity, joy and cordiality lived in the name of sr. Edda, or rather of the Venerable sr. Edda Roda. I returned home with peace in my heart and I often repeat: "Venerable sr. Edda pray for us"

Vanda

(lady from the lay group of Arezzo who met her)

A special holiday

After a year of hectic work and a lot of tiredness, I was reflecting on the opportunity to return to Guarcino, to the beautiful "San Luca House of Prayer" managed by the Daughters of the Madonna of Divine Love nuns, to rest, relax and above all "renew" myself.

I thought that as in the past, I would bring some books, I would enjoy good, simple and genuine cuisine, I already imagined the calm walks along the wooded paths, in the company of the pleasant background of the roar of the nearby waterfall; excursions to the pretty nearby town, characterized by many alleys and typical houses of an ancient village.

And instead... to my great surprise, through a poster, I learned that the "SPIRITUAL EXERCISES" would take place in the period I had chosen. While the heart had already made its decision, the head was struggling with some perplexities...But we know, as someone wrote... "the heart has reasons, which reason does not have".

What should I expect? What did these exercises consist of? My perplexities, unconsciously, were motivated by the fact that I did not consider myself capable of immersing myself in a spiritual retreat, observing precise rules, in a limited environment, in silence and only me among MANY nuns! And while the head wavered, the heart had already made its decision and said: "but go! What are you thinking! You'll see, it will be an experience of nourishment of faith and spirit! A compass to reorient your spiritual itinerary!". And that's how I booked and left.

The exercises, splendidly guided by H.E. Monsignor Dario Gervasi, were, in my opinion, a unique and regenerating experience to reorient, through community moments of meditation and prayer, spiritual life on higher levels... During this period, I had the opportunity to get to know beautiful people who enriched and moved me with their stories.



I thank all the nuns I had the joy of knowing for the affectionate welcome they reserve for guests; the staff of collaborators and volunteers are to be appreciated for their organization and the excellent service provided. This testimony, not only to express gratitude for the wonderful time spent, but also to say that my initial fears were completely unfounded; furthermore, "silence", this unknown, is a value and a precious ally through which we make space within ourselves to let in unimaginable emotions and sensations. I recommend living the experience of SPIRITUAL EXERCISES to all those who have the desire to meet Jesus and get to know him better. Best regards and... see you in the next exercises!

WHEN SILENCE SPEAKS

Imagine yourself inside a large, tastefully decorated dining room, with about 35 people eating, the majority of whom are nuns.

Imagine that not even a word comes out of their lips; now imagine the sweet melody of classical music that invades the entire room, cradling everyone's thoughts.

Imagine again that you are in a reality where only silence speaks.

You will discover a whole parallel world made up of "details" that we usually don't think about and don't give importance to but instead do...

You will be able to appreciate the creak of a handle being lowered, the clink of a glass, the fork touching the plate, the wheels of a food trolley, a drawer being opened, the delicate step of someone moving between the tables, the crust bread crushed between the teeth, water being poured, the whisper of a request, a sigh.

Meanwhile, nature makes its entrance from the large windows overlooking the forest and the valley, the uninterrupted song of the cicadas, a mischievous breeze that comes in making the edges of a tablecloth flutter and much more...



When silence reigns it introduces us to another world, made up of sounds, sensations, emotions, which we would otherwise never have noticed.

And it is in this quiet that a profound peace makes room within each one and thoughts "elevate..."

During the exercises we are invited to observe silence and this is because "Jesus awaits us in silence: in silence he speaks to our souls and we are able to listen to his voice."

It was a beautiful experience of inner and spiritual growth that I recommend to all those who have the desire to meet Jesus and get to know him better.

Greetings from me, I'm not a nun, so... if I did it, anyone can do it!

Lorena

Spiritual exercise in Bergamo (retreat)

Dearest Sister Luisa,

saying thank you it's little, but I cannot find any other more significant words to express on behalf of all the sisters our gratitude for what you have given us in these days. A relationship shared in the light of faith with God, with ourselves and with others.

You gave us a boost to look inside ourselves... review the path we are following with enthusiasm and hope even if in old age there is always a breath of newness. Where are we headed?

Life is such a mysterious journey for each of us, sometimes difficult to reach the station of eternity; it is full of difficulties to face and overcome; faith and abandonment in God take us by the hand and you, Sister Luisa, have recently experienced this experience close to your sister Nicoletta, and today you are a donor of this to every person you meet. Divine Providence "Our Mother and Nurse" is next to you and each of us.

Courage, faith and abandonment in God: because we know that at the helm of this fragile ship of our soul is He... "the Divine Helmsman" and He alone can bridge the small and large storms.

You let us enter the world of art to enjoy and contemplate that mysterious beauty that lives in each of us and outside of us. Thus says St. Augustine: *"raise your heart, seek God above creation, seek him in the secret of your heart and there you will find him"* (Confessions, IV, 12).

Life is an ever upward journey on the path that we do not yet know or at least try to know; sometimes we have the tension of remaining in the womb, where we find safety, protection; e.g., the mother's womb that carried us for nine months. Instead, we are invited to move from the closedness of the womb, to the openness of a new life, of a new day. Where are we starting from, what situation am I experiencing now? We also asked ourselves this during these exercises. We are called to life even at an advanced age; each of us is a place of promise that He wants to fulfill.





Let's make the thought of the Fathers our own...
"In my capacity as world I am attached to the things down here, but being also a divine particle, I carry in my heart the desire for eternity". (Saint Gregory Nazianzen).

In the fresco of creation, which we admire in the Sistine Chapel, Michelangelo makes us contemplate the finger of the Father touching Adam's finger to suggest a mystery: the communion begun will never

end.

Thank you, Sister Luisa, for this time of listening and grace. With affection and joy.

*Sister Maurizia and sisters of the 5th Floor
 (old sisters department)*

Family feast

In this month of September 2023 in our Province Kidane Mihret Eritrea we had various celebrations of some sisters who have taken their steps in consecrated life.

Beginning of the postulancy: Freweini Arei, Luam Tesfamariam and Wehazit Abrham, 3 aspirants began the postulancy on August 9, 2023, the feast of our Holy Mother Frances in the provincial house of Asmara.



Beginning of the Novitiate: Merkeb Meskel and Nighisti Mahari these 2 Postulants began their Novitiate in Saganeiti on 17 September 2023.

Temporary Profession and Perpetual Profession: On 7 September 2023 during the solemn Eucharistic celebration in the church of S. Michele of the mission of Sagheneiti, at 7:00 am the Bishop of the Eparchy of Segheneiti H.E Monsignor Fikremariam Hagos, presided over the Holy Mass with 16 other concelebrants, in front of the sisters, relatives and friends. Two Novices Sr. Rosa Giorgio and Sr Francesca Sale have made their First Temporary Profession.

It was a great joy to have had these two young people, we had wanted them for years. They come from the area where the first missionaries were called to carry out their apostolate. On the same day, two other Juniors Sr. Rahel Meskel and Sr. Ghenet Simon made their Perpetual Profession in the hands of the Provincial Superior, Mother Hanna Negasi in the Institute of the Sisters Capuchins of Mother Rubatto.



First profession



Perpetual vows

CERTIFICATE OF THANKSGIVING - VARESE

Dear doctor,

Over the past 15 months, during which my mother was a guest in the RSA in Varese, I have been able to see how your daily commitment and care have led to a clear improvement in both her physical and mental conditions. These last days, so intense and tumultuous, were however special: I was able to appreciate in a particular and direct way the strong contribution of competence, attention, humanity and compassion from all the people who cared for Mirella and who interacted with me and my brothers.

These circumstances (which I consider not at all to be taken for granted and which are the result of a personal and collective ethical commitment which evidently, to your credit, goes beyond simple duty or a mere job description) have concretely allowed me to achieve the serenity necessary to manage a very painful moment and - what matters most - they helped my mother to face her transition with dignity.

In the moments in which it was possible, I have already expressed my heartfelt and profound thanks *de visu* and personally. I believe it is important that this message can also reach those to whom I have not been able to communicate it in person.

For this reason, I kindly ask you to extend it to everyone: doctors, OSS, nurses, entertainers, physiotherapists, volunteers and sisters.

The Son

GOD IS WITH US EVEN IN THE MUD

On Sunday 10 September, Sister Inelde and I, together with a group of Rubattians, some volunteers from Fontoura Xavier and Gramado Xavier (grandchildren of Sister Regina of Southern Brazil), went to 'Arroio do Meio' to offer our service of volunteering and solidarity with families affected by the cyclone followed by a major flood.

When we arrived on site, we found ourselves faced with a scenario of war, destruction, suffering, loss and pain, but despite all this, a real lesson in faith and hope Families who have lost everything but they are grateful because they are there to start again....There is still a lot to do.... The houses were with almost 40 cm. of mud: we divided the teams, some went to school and others to homes, we worked all day and, looking around, how much there is still to do! They were very grateful. Everyone is invited to another day of service in another municipality in the region.

Thanks to each of you who prayed for us, supported us and our gratitude towards each of you was very important. The little we have done in the face of so much to do has already made a difference in the lives of those families. Saint Francesca bless you and grant you rest.

Testimony of the Rubattians:

This day will forever remain in my memory! What we saw was incredible, but we also saw that people had lost material things, but they had not lost faith and hope to live, as they told us: we are alive and we will start all over again! Thank God for giving me this spirit of solidarity and for being able to be there and experience a little of what these people are experiencing! May Saint Mother Francesca always enlighten us to continue following her charism, always being close to those who need her! Thanks to sr. Ana for calling us and setting us on our way! Thank you (Eunice)



It's true, I was talking about it with my sisters before: everything destroyed, a horrible smell, but they had a smile on their faces, thanking us for coming to share their pain, but with the faith that they will rebuild everything. Thanks to Sister Ana, our teacher, and to Saint Francesca for guiding us with strength and courage to reach them.

The mission is done by the feet of those who go, the hands of those who help and the knees of those who pray."

Sister Ana Lopes de Souza

DISTANCE ADOPTIONS - ERITREA

"...I was hungry and you gave me food, I was thirsty and you gave me something to drink; I was a stranger and you welcomed me, naked and you clothed me..." (Mt 25, 35-36)

We, the Capuchin Sisters of Mother Rubatto have been present since 24 August 1964. Animated by our Rubattian Charism, since the beginning we have offered an apostolic service of youth ministry and catechism in the Parishes, we participate with our people in moments of suffering, of loneliness, but even in moments of joy which are a sign of hope to carry forward families so tried by years of drought, wars...Where we are we try to identify the most urgent social needs of the country, especially of the most abandoned and disadvantaged rural places. So, it is clear that there are thousands of children waiting for our help: orphans and poor, disabled people with parents full of all kinds of problems.



For this reason, we as Capuchin Sisters of Mother Rubatto, entrusting ourselves to the Providence of God and the generosity of benefactors, have opened a center for long-distance adoption for more than twenty years now: "Capuchin sisters for Children care", to be a way to lighten the lives of many disadvantaged people.

For many children, this Center has become an instrument of relief: the majority of them have managed to follow basic education: from nursery school to high school diploma, covering their school expenses, food... This Adoption Center in addition to solving the economic problem of many families also offers them a moral lesson to help them live peacefully and confidently.

United with all the families of our children, we thank the Lord immensely, who guides us and protects us with his Providence. We thank the General Curia, the Mission Center and all the members of the A.M.C.A.P (Friends of the Capuchin Missions Help Promoting).

And especially all the benefactors who help our children with so much interest and without getting tired! May the Lord bless you and protect you!

Sr. Tsega Ghebrezghiabiher



DISTANCE ADOPTIONS - BAMBILI - CAMEROON

Cameroon is a country located in the northern part of Central Africa, bordered to the north-west by Nigeria, to the northeast by Chad, to the east by the Central African Republic, to the southeast by the Republic of the Congo, and to the south by Equatorial Guinea and from Gabon. The coast of Cameroon overlooks the Gulf of Guinea, in the Atlantic Ocean.

The official languages are French (majority) and English. Compared to other African countries, Cameroon enjoyed political and social stability. At this moment where our missions are there is little tranquility.

Most of the population lives from agriculture, but there is little harvest, the woman is responsible for providing for the family, she works and cultivates the fields... there is a lot of poverty and lack of education, as well as health problems... many children do not have the possibility of accessing schools.

The mission of our Congregation is to evangelize the world through various apostolic services in the Church, that is, in education, youth ministry, catechesis, the promotion of women, health care, home visits to the sick and the elderly, being in solidarity with those who are less fortunate. Our Institute collaborates with various benefactors to help the poor, orphaned children... for their education.

Therefore, we nuns in Cameroon since 2004, with the help of many generous people, in collaboration with the Mission Center of the General Curia of Rome, try to be an instrument to reach the poorest and orphans. As intermediaries between benefactors and the poor, we encourage parents and guardians to use the money for the intended purpose.

My experience in this service - Although my experience in this service is short, my observation is that this is a great help for parents or guardians in educating children and this gives hope and joy to the children themselves.

I understand this from their expressions of gratitude. Even if they are poor, families, as a sign of appreciation, bring small quantities of their food products that they collect from their farms, such as beans and corn, to our community.

How the money is used - Currently, in Cameroon we have 26 children who are helped by benefactors. Some attend both our nursery and primary school. Others, however, due to the socio-political crisis, have moved to the south-west of the country and go to study in the nearest schools. However, twice a year they come to collect their children's bank transfer.

For our part, before handing over the money, we advise them and insist that they use it for the education of their children and we are confident because they really value education here.



Regarding the children who come to our school, in agreement with the Director of the school, I ask them to give me the receipt of the school fees and then I give them the money due and I also give a part of the bank transfer to the parent or guardian, so that they can purchase school supplies for the child. So, with this valid help, children are able to finish the school year without being stressed or forced to leave school due to incomplete or lack of payment of fees.

Sr. Teberh Debesai

DISTANCE ADOPTIONS - ADDIS ABEBA - ETHIOPIA

*"... I was hungry and you gave me something to eat,
I was thirsty and you gave me something to drink;
I was a stranger and you welcomed me" (Mt 25, 35).*



Ethiopia is a country in East Africa, the nation is rich in natural resources, but the majority of the people live from agriculture practiced with traditional methods, the proceeds of which are not sufficient for the entire population. Cattle breeding is quite developed, but people live in absolute poverty, there is a lack of food, shelter, insufficient clothing...

We, the Capuchin Sisters of Mother Rubatto have been present in Ethiopia since 1974. As our Mother offered herself for the poor, we too try to offer the service dedicated to human, social and spiritual formation, healthcare, youth ministry and catechism in parishes. Right now, our country is going through a difficult time: war, family lacerations, hunger... So, it is clear that there are thousands of poor homeless children, orphans... waiting for our support. We, as the Capuchin Sisters of Mother Rubatto, entrusting ourselves to the Providence of God and the generosity of benefactors, have opened a center for long-distance adoption several years ago.

At this moment, with the help of the General Government - Association-AMACAP, in collaboration with many benefactors we are following around fifty children. These children almost all attend school, they certainly live in a precarious way, they lack many things, but they are peaceful; the majority of them live with their mothers, or with their aunts or grandparents, the father figure is missing.

The contribution is given to the family, where it is shared thus receiving the necessary for survival; today the economy is putting everyone in crisis, all costs have tripled.

We often go to visit the children's families, the majority of them constantly move to areas where house rent costs less. Every now and then they come to us, not only to receive help and financial support, but also to listen to a word of comfort and consolation.

Once a year to carry out checks, we meet with the families and often insist on treating and assisting the child well and recommend praying for their benefactors. We give a small prize to children who are rewarded at school, this gesture helps and encourages all children to work harder in their studies.

Every month we give the money to pay the school fees, to buy notebooks, books and to purchase all the materials needed. When big holidays are approaching, we purchase materials in bulk for a shopping package. (wheat, Teff to make Ingera, oil, etc.)

We thank all the benefactors who have made the commitment to help and support poor and orphaned children. The children respond positively, you can truly see the fruit of good that is sown by the goodness and generosity of so many people.



Sr. Senait Haile

DISTANCE ADOPTIONS - NORTH BRAZIL

"... God loves those who give joyfully. (...) God has the power to make it abound in you every grace because, always having the necessary in everything, may you generously do all good works" (2 Cor 9, 7-8).



Brazil, a vast South American country, and Maranhão - capital São Luís, is a state in the north-east of Brazil, has a territory that includes stretches of dense Amazon Forest and beaches overlooking the Atlantic Ocean.

Saint Francesca Rubatto, after being invited by the Capuchin friars, with seven young nuns on 29 April 1899, left for Maranhão- Alto Alegre - Barra do Corda to offer apostolic service: human and social formation to the Indian people.

Unfortunately, the seven nuns, three friars and many local children were killed (March 13, 1901).

At this time, we Capuchin nuns of Saint Frances Rubatto, from the north-east of Brazil, offer educational service to children in São Luís. In this area there are many disadvantaged families, poor children who lack food, clothing, school supplies, cannot attend basic school, do not have hygiene and health care...

There is a high number of unemployed parents' dependent on government assistance, a lot of effort to support families with numerous children. Many children and adolescents often abandon their families, forced to face the various problems of life to survive, so the majority of them remain illiterate. Going to school is a right for all children because the personal and social life of tomorrow belongs to those who are preparing to face the future today.

The Mission Center of Rome, General Curia, through distance adoption, with small projects, certainly with the help of generous people, collaborate to help poor children so that they can have basic education, human and social training; integral training that leads them towards a healthy society that welcomes them as worthy citizens, free from the evils that afflict them, such as drugs which are often part of their families' lives.

We, the nuns, try to make the beneficiary families understand that they can use the bank transfer they receive well. We advise them to be aware of the donation and sacrifice of the benefactors; since every benefactor offers material goods freely with joy to support people in need, wanting to do good for other people's children. So, we nuns, as spokespersons for children in need, are grateful for the generosity and kindness of so many people towards our people. Together with our children, we pray that the Lord will bless and protect the families of those who help us, because God loves those who give joyfully. Thank you with all my heart! Here are some activities we do: art projects, painting, drawing, reading, performances in the community and in the school group.

United in prayers.

sr. Marly Silva



**October 15, 2022 there was a big celebration at
the Church of San Vittore in Varese**



After a long period of meetings, insights, prayer and practice of the Sacraments of the Eucharist and Confession, a good group of young people were helped to prepare to receive the Sacrament of CONFIRMATION. The journey was very beautiful, we also experienced beautiful moments with the parents where together with their children we had the opportunity to thank God for all the steps taken to grow in faith.

Thus on 14 and 15 October two groups of young people, with the laying on of hands of Don Francesco, experienced a great and exciting moment, receiving the gift of the Holy Spirit, with the entire Christian community.

All to the glory of God!

Sr. Isabell Pereira

CERTIFICATE OF THANKSGIVING Bergamo



The loss of my father (guest of the retirement home in Bergamo) is painful for me, I was very fond of him. He was an extraordinary man and was a point of reference and inspiration in my life, since childhood.

Thanks to the fact that dad was in your facility, right under the house, I was able to be close to him in these last months and this gave great comfort to both me and him.

Despite his suffering, he seemed quite calm to me. In this regard, I would like to give special thanks to Sister Maurizia who always sang "don't forget me" together with dad and, as he said, it brought him great joy. And to Nora, the morning cleaning lady, who always came in with a cheerful "buenos dias Gigi!" and then they spoke to each other in Spanish: a ray of sunshine to start the day. Thanks also to all the staff who looked after him and cared for him.

When I return to Italy, I will definitely go to visit them together with the other guests, who by now knew me well.

The daughter

Perpetual Vows in Ethiopia

"All the days of my life I will dwell in the house of the Lord for many years" Ps 23

We accompany the two sisters, Sr. Birhane Matteo and Sr. Taghesech Benedetto, with a long procession, with songs and sounds of drums and sistrums, at the end of the procession is the bishop Msgr. Lisanecristos with sixteen Priests. On this occasion, the presence of the General Councilor Sr. Weini Teklom was missing, for social reasons she was unable to be among us, never mind. We felt the presence and unity of prayer on the part of the General Government. The chapel was splendidly prepared, the presence of the Sisters' parents and family filled the little church.

The celebration was presided over by the Bishop Msgr. Lisanecristos with other priests.

The Sisters Sr. Berhane, Sr. Tagesech are before the Lord and the Church to say their 'Yes' as the Virgin Mary did.

The homily presented by the Bishop has a profound meaning; Is. 6; 1-13 *"an angel of the Lord ran and took a piece of burning coal, I touch my mouth, I am a sinner, I live among sinners, I can't say anything"*;

the two Sisters abandon themselves in the infinite love of God and trust in Divine help.

Dear Sisters, always keep the flame of the Holy Spirit alive so that you do not lose your initial enthusiasm, try to stay with Him, drawing daily food from the Word of the Lord, I wish you holy perseverance.

The litanies of the Saints are sung to implore their protection.

The sisters prepare at the altar to pronounce the holy perpetual vows, in the hands of the Regional Superior Sr. Senait Haile; we too join them in saying 'yes' to the love of God. At the end, Sr. Senait Haile thanks the General Government for the memory of prayer, greets and thanks the celebrants, the parents of the Sisters and the people of God.

The professed sisters thank the Institute for giving them precious time for preparation.

Finally, everyone was invited to share the agape.

Through WhatsApp (family in the Lord SCMR) we noticed that this month the journeys in the various stages of formation began.

The charism of Saint Francesca Rubatto has a continuous following in the service of the Lord.



Praise be to God, happy journey of Holiness!

Sr. Luciana Catene

Ecumenical prayer vigil in St. Peter's Square 30 September 2023

The reason for gathering is to entrust to the Holy Spirit the work of the first session of the XVI Ordinary General Assembly of the Synod of Bishops.

St. Peter's Square was filled with unimaginable crowds from all over the world. Numerous men and women religious, among them we three Capuchin nuns, representing all our sisters scattered around the world, our sister Sr. Daniela Cannavina, participant of the synod, is also present. Likewise, many young people who participate in the **"Together"** meeting, participants of the Synod. Also present were the heads and delegates of various churches and Christian communities who were pilgrims of faith. We lived a very profound experience of the presence of Jesus among us.

The evening prayer was very lively and animated in different languages and ways and accompanied by a long silence to listen to the Lord who walks among us.



We had 4 short moments of thanks:

1. Thanksgiving for the gift of unity and the synodal path
2. Thanks for the gift of the other
3. Thanksgiving for the gift of peace
4. Thanksgiving for the gift of creation

After the reading of the Gospel (Mt 5,1-12) that we listened to, preceded by a moment of silence, Pope Francis, appreciating this journey together of the Christian family, thanked the heads of the various churches, the community of Taize, and everyone present and it made us reflect on the importance of silence.



Silence! says Pope Francis in the life of the faithful because silence reveals the presence of God. In silence contemplate the manger, the cross, sometimes we struggle to be silent because it puts us before God, instead like Mary we must listen to God who calls us in silence.

Finally, after the prayers of the faithful in different languages, the meeting ended.

With the blessing of the Holy Father, we returned admiring and thanking God for this historic event.

Sr. Lucia Nanushe

A beautiful solidarity between sisters....

"Take courage, try to help your sisters and you will see that Jesus often gives back what he takes away"

several barrels are leaving from Milan loaded with basic necessities (rice, pasta, sugar, oil...) this time filled with the collaboration of many people to reach our sisters in Eritrea.



and with lay benefactor friends



Raccogliamo generi alimentari per l'ERITREA



farina bianca, pasta, riso, scatolame, olio in lattina.
GRAZIE!

Big feast in Varese

Today, October 19th, sr. Vincenza Leoni, celebrates the 70th anniversary of Religious Profession. Thanks to God for his faithfulness, for reaching this goal, years given to God, to the Church and to our Institute, with love and dedication.



Big feast in Gorle for the 60th – 70th anniversary

Sisters of the Italian Province rich in age, wisdom and grace

Sr. Valeria Maggioni - sr. Giannina Canini - sr. Eliana Facci - sr. Margherita Carrara



GROUP OF FRIENDS OF MOTHER FRANCESCA-TORINO

“He has promised Us that when two or more believers gather together, to truly agree in prayer, praying according to the will of God, Jesus Christ Himself will be with them, and God will answer their prayers.”

The Friends of Mother Francesca group of Turin was formed at the end of 2015, aroused by the interest of some lay people residing in the Madonna di Campagna neighborhood, in the figure of Mother Francesca Rubatto, at the time blessed and now saint, founder of the Community of Capuchin Franciscan nuns who bear her name and in particular of the small community of Turin, the city where the sisters still live and work in the same neighborhood today.



It all began in the nursing clinic open to the territory and managed by the nuns, in particular by the nurse nun, Sister Teresita, who, always ready to welcome, dialogue and listen, raised awareness of those who by necessity crossed the threshold of the clinic, to the figure, thought and life of their founding Mother.

Some people, having finished their treatment at the clinic, occasionally returned for the pleasure of visiting the nuns, curious to hear more testimonies from Mother Frances and eager to meet other regulars of the clinic to exchange a few words and share their thoughts in peace. and harmony, albeit in a limited space and for another dedicated function.

The meetings at the clinic had limitations of space and also time, so, to satisfy the requests for in-depth analysis, discussion, reflection and sharing, it was decided to offer a more suitable space, within the nuns' house, where every month, in the evening, after dinner eaten with the family, we could meet regularly and with greater availability of time.

In these evening meetings, led by the nuns, together we read Mother's letters, written over the years to her dear nuns, where her great faith in providence, her great humility and her attachment to her sisters and her poor always appear.

Many invites reflection, a feeling of love and brotherhood, perseverance and courage, they are always an incitement to go "forward", despite the difficulties, they are a sort of testament left by the Mother to the sisters who still today guides and supports their path and their works, despite the many problems.

There were many writings shared, each of which had the opportunity to arouse deep feelings in each member of the group, and everyone had the opportunity to express their thoughts by comparing themselves with the other participants, in freedom, understanding and harmony. We prayed and also sang together, we learned the bel canto named after Mother Frances, which was regularly dedicated to her at every choir meeting.

So much union, so much friendship and so much brotherhood, so much faith and so much admiration for this inspired woman who, born in Carmagnola, lived between Turin and Loano as a lay person, dedicated her life to doing good, to putting into practice in her daily life the Gospel. She founded, starting from her first one in Loano, numerous houses and, with her nuns, she reached Latin America where she became seriously ill and left her earthly life far from her homeland, she asked to be buried among "her dear poor ones" and today she rests in Montevideo.

Over time the group organized visits to some important and significant sites in the life of Mother Frances: Carmagnola where she was born, in particular the Collegiate Church where she received her Baptism, Cottolengo and Maria Ausiliatrice, where she voluntarily brought her help to the most fragile brothers and needy.

The church of San Filippo Neri, where she went to mass and to receive the Eucharist.

On the occasion of the canonization of the Mother, which took place on 15 May 2022, some members of the group went to Rome to participate in the festive event.

Later, aided by technology, the WhatsApp group was created, which today allows us and has allowed us, in the painful period of the Covid 19 epidemic, to always stay in touch and always informed and united.



5 October 2023

It seemed like we had broken up the day before. A real celebration, a real pleasure to see each other again and greet each other with heartfelt affection

and sincere feeling of brotherhood. As had already happened in the past, in addition to prayer and reading of the psalms, led by the nuns, Mother General Loredana was present at the meeting, who, together with Sister Luisa, gave us news of the dramatic situation and extreme poverty in which they live the populations of Eritrea, Somalia and Mali, some of the places where Mother Frances' daughters are present and bring their help.

Subsequently we shared a convivial moment, with food prepared by each of us and offered to our fellow believers. The union was perceived as strong and it seemed that the four years of separation had never passed. The shared experience aroused deep feelings and gratitude in everyone for the well-being received and there were many spontaneous testimonies exposed".

Rita testifies to the strong feeling perceived "... of never having left each other", the good of sharing prayer has supported me in difficult moments, I perceive the constant presence of mother Francesca in my life, I have often asked for her help with faith, his intercession, and I have always had help."

Gabriella says with great conviction: "There has always been a common thread between us Friends of Mother Francesca, the meeting on 5 October confirmed this. A journey that began together and continues with the inspiration of Saint Mother Frances."

Fiorella emotionally turns to the group and explains how happy she is: "What a joy to be together again in presence, to be so united in spirit and in prayer. I received support from it during difficult times in the family. Meeting, seeing each other again and even sharing a good dinner, recreated a climate of friendship that already existed. May the thoughts and readings of Saint Mother Frances always inspire us and guide us towards brotherhood, love and help towards others. Thank you for all this good."

Anna C. informs the group that she would like to be able to do more for her brothers in need, to make herself available to help those who find themselves in difficult conditions, residing in the neighborhood, where there are many elderly people who are alone and in precarious health conditions. For her too it was an inspired evening of renewed union with the nuns and Saint Mother Frances.

Teresa. Teresa's testimony moved everyone, she is profound and has a granite faith: "I always feel the spirit of Saint Mother Frances, her spirit has always kept us united. When I went to Rome for the sanctification of the Mother, I strongly felt the sanctity of the place; I turned to Saint Mother Frances to have a prayer, an intercession from her to Jesus, for a very serious health situation of a relative of mine who was hospitalized. The requested help arrived, because the next morning the sick woman recovered very well, emerging from the serious state she was in. We must have more trust in the Lord and in his Holy Mother Frances of Jesus."

Paola S. "The pleasure of meeting again in her presence has refocused the thoughts and spirit that kept us united even though we were distant, seeing each other again was good for the heart. It seemed like we had just broken up yesterday."

Rosaria also shows her well-being and her union and her keen desire to be present at the meeting, she feels the group is close and familiar, she feels welcomed and protected. "I've only been with the group for a short time, but I feel like I'm part of the family, I'm happy to be able to participate and I can't wait for the next meeting."

Anna G. "Personally I feel all the feelings expressed by my group mates and I would add that this shared space always gives me great energy, a charge and a strength that renews my faith. Participatory prayer is a special prayer, true nourishment for the soul, every time I return home with so much positivity and confidence. I often think of Saint Mother Frances, a strong woman, as the nuns say about her, and since nothing is by chance, I want to think that she also wishes to give a little of this strength to us."

The group proceeds with the commitment to always continue with the motivation, enthusiasm and will be expressed and demonstrated so far.



The hope is to be able to testify that brotherhood exists, how to be of help to other sisters/brothers in Christ, who desire listening, understanding and prayer, and who together, with the help and through the intercession of Saint Mother Frances, we could try to donate.

Sr. Gabriella Preda

NEW GOVERNEMENT OF THE REGION SAINT CLARA BRAZIL-PERU'



Last October 1, 2023, in Barros Cassal (Southern Brazil), in the presence of several nuns from the Region and others connected "online", Sr. Carmem Bertosso, General Councilor, read the Nomination of the New Government of the Region of Saint Clara of Assisi – Brazil-Peru, made up of the sisters:

Sr. Marilene M. Legramanti – Regional Superior

Sr. Ana Lopes de Souza – Regional Vicar

Sr. Walquiria Coelho – Councilor

Sr. Maria José Ferreira – Councilor

After the hugs of the sisters present, the greetings of the 'online' fraternities and the best wishes for a good job, all the sisters who finished their service were also thanked: Sr. Venilda Zortea and Sr. Francilene de O. Cavalcante.



A sister

A different day spent with the Capuchin Family at the Curia of the Capuchin Fathers - Rome

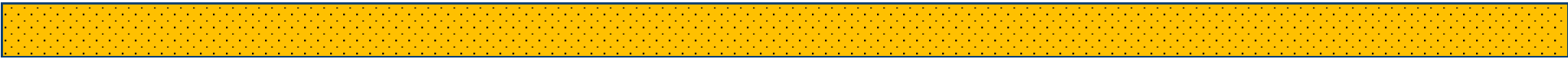
On 3 July, at the General Curia of the Capuchin Order, the VII Day of the Capuchin Family was celebrated, with the participation of brothers and sisters representing the religious congregations associated with the Order present in Rome. The meeting began with a welcome moment and a visit to the Church.

Then, in the basement room, we began with the presentation of each of the participants, followed by a moment of prayer on the Rule of Saint Francis. The meditation was around the fundamental characteristic of the "reform" of the Capuchin Family as an invitation to an attitude of permanent conversion. The Eucharist was presided over by the Minister General, Br. Roberto Genuin, who on the feast of St. Thomas invited us to witness the joy of communion.

Before lunch we visited the chapel of the Relics where there is also that of Mother Frances and all the Franciscan saints, particularly Capuchins, accompanied by Father Carlo Calloni, postulator and Fra Antoine vice-postulator. We then shared an aperitif and a festive lunch. We encouraged each other to take new steps together as a Family.



Sr. Carmem Bertosso



Vocation, grace and mission!

It is with this theme of the National Vocational Year 2023 that we are animating our jubilee celebration.

25 years of consecration to God, at the service of the brothers and sisters of our time. It is with a grateful heart that we raise our praise of gratitude to God, certain that God's grace accompanies us and assists us in all the moments we experience, both those spent in serenity and joy, and the difficult and demanding ones, which also part of every human and spiritual process, and which are precisely those of greatest learning and growth in the knowledge and love of the One who loved us first and who gives himself to us completely every day in the Holy Eucharist.

Our gratitude goes to our Religious Family, to our biological families who accompany us with their prayers and who support us on our journey.

Celebrating a jubilee undoubtedly also means believing that God walks with us and from Him comes every grace and blessing that keeps us steadfast in our purpose.

Responding to God's call is also a gift, but a greater gift is to persevere. For this reason, we are aware that it is God himself who strengthens us, who gives us the graces we need to remain steadfast, to persevere on this path, even when it is dark. Thank you, Lord, because with unconditional love you continue to accompany us, protect us and guide us.

May we be visible signs of your love and saving presence wherever we are and wherever you send us. Thanks to all the sisters and brothers on the journey. And we continue like the disciples of Emmaus... burning hearts, walking feet!

Sr. Suzete and sr. Francilene



Marine ecology and sustainability in Loano



Marine ecology and sustainability were the themes at the center of the meeting between the 33 students of the two 5th grade classes of the “G. Sordo” of Pietra, the 67 guests and staff of the retirement home of the Capuchin nuns “Madre Rubatto” of Loano.

The Primary School “G. Sordo”, for years, has boasted the green “Eco school” flag, an important recognition at an educational level relating to ecology and attention to the environment.

The elderly, with the educators, created a real aquarium with colored or artfully created sea animals, models of fish, jellyfish, giant turtles, using plastic bottles and recycled material. During the meeting, the children were able to dance to four songs choreographed by the facility's guests, play a game of volleyball with their grandparents and have fun fishing in the crazy well, organized for the event.

«The meeting was very heartfelt and fun for both the children and the elderly – comments Davide Siri, educator and animator of the “Madre Rubatto” rest home and coordinator of the “Eco school - The kitchen staff of the Loano rest home” project, he also prepared an excellent chocolate cake for a snack. This could be the first of other meetings that will be organized in the near future.”

Davide Siri, former marine biology educator for the City Colonies of Milan and Andora, is the author of the two children's books “Scoglio the sperm whale. Discovering the Mediterranean”, Edition Del Delfino Moro.

The second volume was presented last June at the Genoa aquarium.

A sister



**Let us not be discouraged in youth-vocational ministry
..... but with creativity**

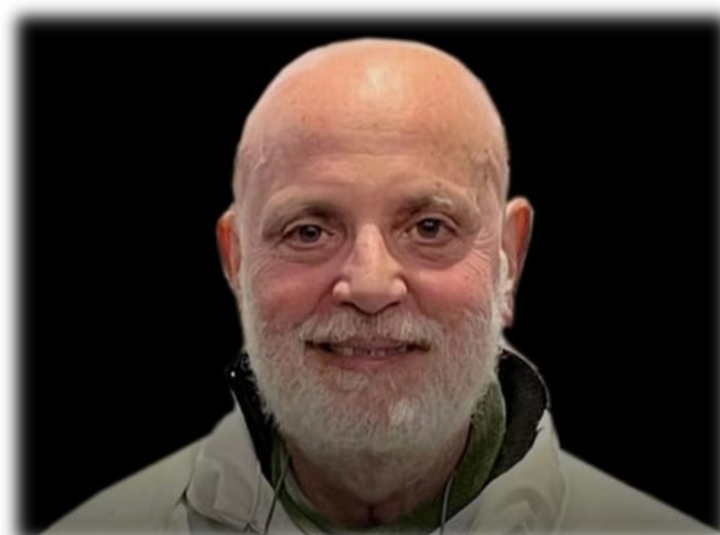


on the example of the holy Foundress, whom she loved
the young people, let us continue to sow for theirs
greater good

A special prayer for

Father Luis D'Angelo, OMI, chaplain of our College of Belvedere - Montevideo, who died suddenly while he was accompanying students on a youth mission.

May the Lord welcome him with all the saints in Heaven!



- Mother of sr. Tensae Tewelde - Eritrea
- Brother of sr. Monica Mallarini - Rioplatense
- Brother of sr. Timnit Hailemichael - Eritrea
- Brother of sr. Narcisa Bortolotti - Italy
- Brother of sr. Bricci Ghebremichael - Asmara
- Brother of sr. Tsigheweni Hailemichael - Eritrea
- Sister of sr. Mehret Beyene - Eritrea
- Sister of sr. Olga Muñoz - Rioplatense
- Brother-in-law of sr. Maria del Rosario Russi - Rioplatense
- Brother-in-law of sr. Irene Gervasoni - Ethiopia
- Sister-in-law of sr. Laura Zenti - Italy
- Aunt of sr. Mehret Tesfay - Eritrea
- Aunt of sr. Francilene Cavalcante - North East Brazil
- Grandson of sr. Francesca Weldemichael - Eritrea
- Grandson of sr. Lidia Soldi - South Brazil
- Cousin of sr. Lelem Dighetai - Eritrea

We pray for our dead



INDEX

Presentation	pag.	3
All under his cloak	pag.	4
A very nice course!	pag.	4
Blessing of the children in Lizzana	pag.	5
A great gift	pag.	6
In communion you can do so much good	pag.	6
An unforgettable experience	pag.	8
A heartfelt thank you	pag.	9
Let's walk together to discover the charisma of M. Francesca	pag.	9
Entry into the novitiate - Kenya	pag.	10
Our first profession - Kenya	pag.	11
Peruvians and Ambrosians together in Lisbon united in faith	pag.	13
Living with the young people of Pucallpa	pag.	14
Man proposes and God disposes	pag.	15
Good family news	pag.	16
90 years educating at the service of life	pag.	17
Feast of our Holy Mother Frances - Asmara	pag.	18
A consolation visit	pag.	19
Don't let the fire go out... leave it on...	pag.	20
It is beautiful to give praise to the Lord...	pag.	22
Feast in Arezzo - venerability of sr. Edda Roda	pag.	23
A holiday... rather special	pag.	23
Spiritual exercises in Bergamo	pag.	25
Family feast - Eritrea	pag.	26
God is with us even in the mud!	pag.	27
Certificate of thanks - Varese	pag.	27
Distance adoptions - Eritrea	pag.	28
Distance adoptions - Cameroon	pag.	29
Distance adoptions - Addis Abeba	pag.	30
Distance adoptions Brasile Nord	pag.	31
Big party at the Church of S. Vittore - Varese	pag.	32
Certificate of thanks - Bergamo	pag.	32
Perpetual vows in Ethiopia	pag.	33
Ecumenical prayer in St. Peter's Square - Rome	pag.	34
A beautiful solidarity between the sisters	pag.	35
Big party in Gorle and Varese - Italy	pag.	36
Group of friends of M. Francesca - Turin	pag.	37
Meeting with the Capuchin Family in Rome	pag.	40
New Regional Government Brazil - Perù	pag.	40
Vocation, grace and mission!	pag.	42
Marine ecology and sustainability - Loano	pag.	43
Let us not be discouraged in youth vocational ministry	pag.	44
We pray for our dead	pag.	44